

# Activity: How to encourage a trainee to use various learning styles?

## Question 1

Among these strategies, which ones would allow your trainee to adopt a more **activist** style? (two answers)

- Express his opinion spontaneously, while taking his limits into account
- Imagine the implications of unexpected events
- Observe an intervention
- Build conceptual models based on observations or readings
- Plan an intervention
- Get involved in achieving his objectives

## Question 2

Among these strategies, which ones would allow your trainee to adopt a more **reflector** style? (two answers)

- Experiment with his ideas
- Work within a realistic timeline
- Imagine the implications of unexpected events
- Influence and lead others (e.g. leading a meeting)
- Collect more information before making a decision
- Build conceptual models based on observations or readings

## Question 3

Among these strategies, which ones would allow your trainee to adopt a more **theorist** style? (two answers)

- Build conceptual models based on observations or readings
- Analyze data from an evaluation and write a summary report
- Seek new opportunities
- Influence and lead others (e.g. leading a meeting)
- Listen with an open mind
- Collect more information before making a decision

## Question 4

Among these strategies, which ones would allow your trainee to adopt a more **pragmatist** style? (three answers)

- Focus on practical implications
- Seek new opportunities
- Influence and lead others (e.g. leading a meeting)
- Be more sensitive to other people's feelings and values
- Find a realistic solution to a concrete problem
- Work within a realistic timeline