

Video 2: A trainee needing time

The supervisor is talking with a trainee who is in her fourth year.

Jacynthe: So, according to the information I have here, I see that you already completed a placement in geriatrics. You must have conducted cognitive assessments?

Catherine: Hm... actually, I only did it once.

Jacynthe: So, did you have any particular problem?

Catherine: Well, not really, I was just a little nervous (non-verbal: not too much emphasis here).

Jacynthe: Would you like to take care of the next assessment?

Catherine: Honestly, I would much prefer to observe you. I will take notes and do the next assessment.

Jacynthe: Oh! (surprised)

What is the trainee's style?

Answer: Catherine is a REFLECTOR

Have you ever supervised a reflector trainee? What were his strengths and challenges?

What characterizes Catherine's reflector style?

Answer:

Characteristics:

- Shows caution
- Analyzes events from several perspectives before drawing a conclusion
- Presents facts from different angles, likes details
- Memorizes information
- Is a good listener
- Is sensitive to other peoples' emotions
- Has a creative, open and curious mind
- Tends to withdraw in situations where participation is called for
- Takes a long time before coming to a decision
- Uses cautions and takes few risks

Let's look at your last answer.

Did you identify any biases?

The reflector trainee may sometimes be perceived as lacking initiative and self-confidence.