

Activity: What is learning?

You are invited to complete this activity in order to further understand the concept of learning.

Instructions:

1. Read each of the following statements.
2. Determine whether it is true or false.
3. Feedback will automatically appear.

Statements	True	False
Learning is an ongoing process		
Learning takes places primarily in the cognitive domain		
Knowledge is dynamic		
The way to gain knowledge is as important as the knowledge to be acquired		
By understanding how he learns most efficiently, the learner increases the value of his learning		

Answers

Learning is an ongoing process

True: Learning involves the constant increase and restructuring of the sum our knowledge.

This building process proceeds as follows:

1. Previous knowledge serves as a basis.
2. New information is integrated into previous knowledge.
3. A restructuring of information and knowledge occurs.

Learning takes places primarily in the cognitive domain

False: Learning takes place in the motor and affective domains. That is why it is important to bring the learner to become aware of his feelings, memories, as well as his desires and impulses throughout his learning journey.

Knowledge is dynamic

True: Learning new knowledge is generated from life experiences. Building new knowledge stems from critically examining knowledge that was previously acquired.

The way to gain knowledge is as important as the knowledge to be acquired

True: By reflecting on how he learns, the trainee can improve his learning strategies and increase his knowledge.

By understanding how he learns most efficiently, the learner increases the value of his learning

True: When he understands the strategies that foster the best learning, the trainee maximizes his learning. He also draws greater satisfaction from his education.